

Spiritual Growth Assessment

At First Eules, our goal is to develop fully devoted followers of Christ who will be passionately committed to Christ, biblically measured, morally pure, financially faithful, relationally responsible, evangelistically bold and socially concerned.

The questions in this assessment will help you determine your spiritual health by assessing the basics in your Christian faith and in the 7 characteristics of a fully devoted follower of Christ. The more honest and objective your answers are, the more useful this tool will be in helping you to grow spiritually. This assessment is for your own personal use. You will not have to turn it in.

Circle one answer for each question.

Basics of the Christian Faith

| | Never | Rarely | Occasionally | Often | Always |
|---|-------|--------|--------------|-------|--------|
| I know that I am going to heaven when I die. | 1 | 2 | 3 | 4 | 5 |
| I believe there is only one way to the true God. | 1 | 2 | 3 | 4 | 5 |
| I believe that Jesus is my way to Heaven. | 1 | 2 | 3 | 4 | 5 |
| I pray regularly and have a consistent prayer life. | 1 | 2 | 3 | 4 | 5 |
| I regularly read the Bible. | 1 | 2 | 3 | 4 | 5 |
| I know about spiritual gifts and can clearly communicate the gifts that God has given to me and how they could be used. | 1 | 2 | 3 | 4 | 5 |

Passionately committed to Christ

| | | | | | |
|---|---|---|---|---|---|
| I am dependent on God for every aspect of my life. | 1 | 2 | 3 | 4 | 5 |
| How I live my life shows that God is my highest priority. | 1 | 2 | 3 | 4 | 5 |
| I have a deep desire to spend time in God's presence. | 1 | 2 | 3 | 4 | 5 |
| I am consistent in pursuing habits that are helping me model my life after Jesus. | 1 | 2 | 3 | 4 | 5 |
| There is nothing in my life that I have not surrendered to (kept back from) God. | 1 | 2 | 3 | 4 | 5 |
| I regularly meditate on God's Word. | 1 | 2 | 3 | 4 | 5 |

Biblically Measured

| | | | | | |
|--|---|---|---|---|---|
| I believe the Bible is God's Word and provides His instructions for life. | 1 | 2 | 3 | 4 | 5 |
| I am certain that the Bible is true in all that it teaches. | 1 | 2 | 3 | 4 | 5 |
| I am learning more about the Bible. | 1 | 2 | 3 | 4 | 5 |
| I know all of the basic teachings of the Bible. | 1 | 2 | 3 | 4 | 5 |
| I read and study the Bible on my own. | 1 | 2 | 3 | 4 | 5 |
| My daily choices and decisions are based upon biblical principles and values. | 1 | 2 | 3 | 4 | 5 |
| I am able to evaluate all teaching, ideas, values and lifestyles to see if they are consistent with the Bible. | 1 | 2 | 3 | 4 | 5 |

Morally Pure

| | | | | | |
|--|---|---|---|---|---|
| I replace impure or inappropriate thoughts with God's truth. | 1 | 2 | 3 | 4 | 5 |
| I am genuinely open and honest about who I am. | 1 | 2 | 3 | 4 | 5 |
| I am the same person in public that I am in private. | 1 | 2 | 3 | 4 | 5 |
| I am living in freedom from past strongholds or addictions. | 1 | 2 | 3 | 4 | 5 |
| I am aware of God's standard of holiness and living by it. | 1 | 2 | 3 | 4 | 5 |

Circle one answer for each question.

| | Never | Rarely | Occasionally | Often | Always |
|---|-------|--------|--------------|-------|--------|
| <u>Financially Faithful</u> | | | | | |
| I give at least 10% of my income to my church. | 1 | 2 | 3 | 4 | 5 |
| I am able to give as the Lord directs to those in need. | 1 | 2 | 3 | 4 | 5 |
| I am living in financial freedom from debt. | 1 | 2 | 3 | 4 | 5 |
| I use my resources efficiently, to maximize my impact for the kingdom of God. | 1 | 2 | 3 | 4 | 5 |
| I earn enough to provide for the needs of my family. | 1 | 2 | 3 | 4 | 5 |
| I live within my financial means. | 1 | 2 | 3 | 4 | 5 |
| <u>Relationally Responsible</u> | | | | | |
| I gather regularly with a group of Christians for fellowship and accountability. | 1 | 2 | 3 | 4 | 5 |
| I forgive others when their actions harm me. | 1 | 2 | 3 | 4 | 5 |
| My time commitments demonstrate that I value relationships over work/career/hobbies. | 1 | 2 | 3 | 4 | 5 |
| I have a deep and meaningful relationship with my spouse. | 1 | 2 | 3 | 4 | 5 |
| I have a deep and meaningful relationship with my children. | 1 | 2 | 3 | 4 | 5 |
| I am living in freedom from past hurts, abuse or addictions. | 1 | 2 | 3 | 4 | 5 |
| I am living in contentment knowing God's purpose and plan for my life. | 1 | 2 | 3 | 4 | 5 |
| <u>Evangelistically Bold</u> | | | | | |
| I am confident in my ability to share my faith. | 1 | 2 | 3 | 4 | 5 |
| I intentionally develop and maintain relationships with non-Christians with the hope of being able to share my faith with them. | 1 | 2 | 3 | 4 | 5 |
| I regularly pray for non-believers I know. | 1 | 2 | 3 | 4 | 5 |
| I feel personal responsibility to share my faith with those who do not know Jesus. | 1 | 2 | 3 | 4 | 5 |
| I make sure that those who accept Christ receive spiritual follow-up and support they need. | 1 | 2 | 3 | 4 | 5 |
| I feel well prepared to address people's objections to Christianity. | 1 | 2 | 3 | 4 | 5 |
| I am open to going anywhere God calls me, in whatever capacity, to share my faith. | 1 | 2 | 3 | 4 | 5 |
| <u>Socially Concerned</u> | | | | | |
| I enjoy meeting the needs of others without expecting anything in return. | 1 | 2 | 3 | 4 | 5 |
| I see my painful experiences as opportunities to minister to others. | 1 | 2 | 3 | 4 | 5 |
| I am currently serving God with the gifts & passions He has given me. | 1 | 2 | 3 | 4 | 5 |
| I will fight against injustice and inequality. | 1 | 2 | 3 | 4 | 5 |
| Meeting the needs of others provides a sense of purpose in my life. | 1 | 2 | 3 | 4 | 5 |
| I regularly reflect on how my life can have an impact for the Kingdom of God. | 1 | 2 | 3 | 4 | 5 |
| I can see the Christ-like impact my life is making in my community. | 1 | 2 | 3 | 4 | 5 |

When you are finished, look at the pattern of responses within the basics of the Christian Faith and in each of the 7 characteristics. Ideally, you should strive to move toward "often or always" responses (i.e. options 4 or 5). The more items you can answer in that way, or the closer on the scale you are to those responses, the more likely it is that you are mature in that aspect of your faith. The specific characteristics on which you are not consistently at the "4 or 5" level are areas requiring personal focus for growth.